



Consulting Profile

Gisela Hövermann

Psychologist

Studies / Training / Further Education

Psychology studies (Hamburg University)

Training in systemic consulting for organizations

LIFO® - Analyst (Life-Orientations)

NLP-Practitioner

Wingwave® -Coach

Magic Words Trainer

Further Developments: Transactional Analysis, Theme Centered Interaction, Systemic Family and Organizational Constellations, Intercultural Coaching, Hypnosystemic Concepts, Facial Resonance

TOP EOS (Development-orientated personality assessment) Consultant

Certified Trainer for Progressive Muscle Relaxation acc.. §20 SGB V

Certified Stress Management Trainer

PEP (Process-orientated Embodiment-focused Psychology) Coach

Professional development

Since 1987

Self-employed as a trainer, consultant and coach

1981 - 1986

Studies of Psychology at the University of Hamburg

1979 - 1981

Office worker in the industrial valves in Hamburg

1975 - 1979

Travel Guide in Spain and Mexico

Fields of competence

Leadership and Communication

Personality – and Development-orientated Consulting

Dealing with Performance Stress and Stage Fright

Customer Orientation

Presentation and Moderation Training

Time and Self-management

Dealing with Conflicts

Team Development

Stress Management

Languages

German, Spanish, English, Basics in French